



# St. Paul Eastside Y Lifeguard and Safety Training Classes

Spring/Summer 2019 3/1/2019 - 8/31/2019

Phone: (651) 771-8881 Fax: (651) 793-3565

www.stpauleastsideymca.org www.facebook.com/eastsideymca

## BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm  
Saturda 6:00am-8:00pm  
Sunday: 6:00am-8:00pm

## KIDS STUFF HOURS

Mon-Fri: M-Th 8:45am-1:15pm, 4:15pm-8:45pm, F 8:45am-1:15pm, 4:15pm-7:00p  
Saturday: 8:15am-1:15pm  
Sunday: 1:30pm-5:30pm

### ARC Lifeguard + Oxygen Review

76\_LE\_2465\_50\_030819\_Y

Cost: \$110

Registration available through 3/8

Friday 3/8

Saturday 3/9

5:00 PM-9:00 PM

9:00 AM-6:30 PM

### ARC Lifeguard + Oxygen Full - Blended

76\_LE\_2402\_30\_040319\_Y

Cost: \$220

Registration available through 3/26

Wednesday 4/3

Thursday 4/4

Friday 4/5

9:00 AM-4:00 PM

9:00 AM-5:00 PM

9:00 AM-4:00 PM

### ARC Lifeguard + Oxygen Full - Blended

76\_LE\_2402\_50\_050319\_Y

Cost: \$220

Registration available through 4/25

Friday 5/3

Saturday 5/4

Sunday 5/5

4:00 PM-9:00 PM

9:00 AM-6:00 PM

9:00 AM-6:00 PM

### ARC Lifeguard + Oxygen Review

76\_LE\_2465\_60\_051119\_Y

Cost: \$110

Registration available through 5/11

Saturday 5/11

Sunday 5/12

10:00 AM-5:00 PM

10:00 AM-4:00 PM

### ARC Lifeguard + Oxygen Review

76\_LE\_2465\_50\_060719\_Y

Cost: \$110

Registration available through 6/7

Friday 6/7

Saturday 6/8

4:00 PM-8:00 PM

8:00 AM-4:30 PM

### ARC Lifeguard + Oxygen Full - Blended

76\_LE\_2402\_20\_061119\_Y

Cost: \$220

Registration available through 6/3

Tuesday 6/11

Wednesday 6/12

Thursday 6/13

9:00 AM-5:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

### ARC Lifeguard + Oxygen Review

76\_LE\_2465\_60\_072719\_Y

Cost: \$110

Registration available through 7/27

Saturday 7/27

Sunday 7/28

11:00 AM-5:00 PM

10:00 AM-5:00 PM

### ARC Lifeguard + Oxygen Full - Blended

76\_LE\_2402\_30\_080719\_Y

Cost: \$220

Registration available through 7/30

Wednesday 8/7

Thursday 8/8

Friday 8/9

9:00 AM-5:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

REGISTRATION BEGINS 1/22/2019  
ymcamn.org

## Class Descriptions

### ARC Lifeguard + Oxygen Full - Blended

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Includes oxygen.

### ARC Lifeguard + Oxygen Review

Ages: 15+

Renew your ARC Lifeguarding and oxygen certification for another two years. Participants must attend all class sessions, and present verification of current American Red Cross Lifeguarding certification.