



EMMA B. HOWE YMCA

# LAP POOL SCHEDULE

May 1st-31th

**Memorial Day - Monday , May 26th -YMCA will be closed.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am	5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am Lap Swim (4) Open Swim(2)	5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
8:15am-9:00am Water Ex Class		Lap Swim (4) Open Swim(2)		8:15am-9:00am Water Ex Class	8:15am-9:00am Water Ex Class	7:00am-7:45am Lap Swim(6)
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class	8:00am-8:45am Water Ex Class	
10:15am-1:00pm Lap Swim(4) Open Swim(2)	11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim(2)	11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim (2)	9:00am-4:45pm	7:00am-4:45pm LapSwim(4) Open Swim(2) <b>11:30 am-12:00pm Lap swim(4) Swim Lessons(2)</b>
1:00-2:30 CLOSED	12:00pm-2:00pm CLOSED	1:00-2:30 CLOSED	12:00pm-2:00pm CLOSED	1:00-2:30 CLOSED	Lap Swim(4) Open Swim(2)	<b>05/18 Lap Swim (3) Certification class(3)</b>
2:30pm-4:15pm	2:00pm-4:15pm	2:30pm-4:15pm	2:00pm-8:30pm	2:30pm-5:15pm		
Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)	Lap Swim(4) Open Swim(2)		
4:15pm-6:15pm	4:15pm-6:15pm	4:15pm-6:15pm	Lap Swim(4) Open Swim(2)	5:15pm-6:00pm ** Water EX Class (Adult only)(2) Lap Swim(4)		
Lap Swim(5) Swim Lessons(1)	Lap Swim(4) Swim Lesson(2)	Lap Swim(5) Swim Lessons(2)	<b>05/15 5:00pm-8:30pm Lap Swim (3) Certification Class(3)</b>	6:00pm-8:45pm Lap Swim(4) OpenSwim(2)	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
6:15pm-8:45pm	6:15-8:30pm Lap Swim(4) Open Swim(2)	6:15pm-8:45pm LapSwim(4) OpenSwim(2)	CLOSED	<b>05/16 Lap Swim(3) CertificationClass(3)</b>		
Lap Swim(4) Open Swim(2)	CLOSED					

\*\*No Slide during Water EX classes.

All Lap swimmers are expected to share the lane when needed . Thank you.



EMMA B. HOWE YMCA

# LEISURE POOL SCHEDULE

May 1st-31th

*No Reservation required*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	7:00am-8:45am Open Swim	7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class	9:00am-10:15am Swim Lessons/ Deep Water Exercise(adult only)	9:15am-10:00am Water Ex Class	8:00am-8:45pm Open Swim	8:00am-4:45pm Open Swim
10:00am-11:am Open Swim	11:00am-11:45pm Water Ex Class	10:00am-11:00am Open Swim	11:00am-11:45pm Water Ex Class	10:15am-11:00am Water Vollyball (deep Leisure)/ Open Swim		
11:00am-1:00pm CLOSED	12:00pm-1:00pm Water/Volleyball /Open Swim	11:00am-1:00pm CLOSED	12:00pm-1:00pm Water/Volleyball /Open Swim	11:00am-1:00pm CLOSED		
1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:00pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:00pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim		
2:30-4:15pm CLOSED	2:00pm-4:15pm CLOSED	2:30pm-4:15pm CLOSED	2:00pm-4:15pm CLOSED	2:30-4:15pm CLOSED		
4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult Only)	4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:00pm-8:30pm Open Swim	4:15pm-8:45pm Open Swim		
6:15-8:45pm Open Swim	6:15-8:30pm Lap Swim(4) Open Swim(2)	6:15-8:45pm Open Swim	CLOSED		CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
	CLOSED					

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS)

\*\*No Slide during Water EX classes.