



# Emma B Howe YMCA Lifeguard and Safety Training Classes

Spring/Summer 2020 3/1/2020 - 8/31/2020

Phone: (763) 785-7882 Fax: (763) 785-9133

[ymcamn.org/emmabhowe](http://ymcamn.org/emmabhowe)

## BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm  
Saturday: 6:00am-8:00pm  
Sunday: 6:00am-8:00pm

## KIDS STUFF HOURS

Mon-Fri: M-Th 8am-1:30pm & 3:30-8:30pm, F 8am-1:30pm & 3:30pm-7pm  
Saturday: 8am-5pm  
Sunday: 9am-4pm

## ARC Lifeguard Review

27\_LE\_2441\_30\_031120\_YSR

Cost: \$100

Registration available through 3/11

Instructor: Richard Johnson

*Please Note: This lifeguard Review will have an oxygen add on for YMCA team members needing to re-cert Emergency Oxygen*

Wednesday 3/11

Thursday 3/12

9:00 AM-2:00 PM

9:00 AM-1:00 PM

## ARC Lifeguard + Oxygen Full - Blended

27\_LE\_2402\_20\_031720\_YSR

Cost: \$220

Registration available through 3/9

Instructor: Meghan Lidberg

Tuesday 3/17

Wednesday 3/18

Thursday 3/19

9:00 AM-5:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

## ARC Lifeguard + Oxygen Full - Blended

27\_LE\_2402\_60\_050220\_YSR

Cost: \$220

Registration available through 4/24

Saturday 5/2

Saturday 5/9

Saturday 5/16

11:00 AM-6:00 PM

11:00 AM-6:00 PM

11:00 AM-6:00 PM

## ARC Lifeguard Review

27\_LE\_2441\_30\_052020\_YSR

Cost: \$100

Registration available through 5/20

*Please Note: This class will have an Emergency Oxygen add on for those team members needing a recertification.*

Wednesday 5/20

Thursday 5/21

9:00 AM-1:30 PM

9:00 AM-1:30 PM

## ARC Lifeguard + Oxygen Full - Blended

27\_LE\_2402\_10\_061520\_YSR

Cost: \$220

Registration available through 6/7

Instructor: Meghan

Lidberg/Richard Johnson

Monday 6/15

Tuesday 6/16

Wednesday 6/17

Thursday 6/18

1:00 PM-6:30 PM

1:00 PM-6:30 PM

1:00 PM-6:30 PM

1:00 PM-6:30 PM

## ARC Lifeguard + Oxygen Full - Blended

27\_LE\_2402\_10\_081020\_YSR

Cost: \$220

Registration available through 8/2

Monday 8/10

Wednesday 8/12

Friday 8/14

9:00 AM-5:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

## ARC Lifeguard Review

27\_LE\_2441\_70\_082320\_YSR

Cost: \$100

Registration available through 8/23

*Please Note: We will have the option to recertify Emergency Oxygen as well for YMCA team members.*

Sunday 8/23

11:00 AM-8:00 PM

## Class Descriptions

### **ARC Lifeguard + Oxygen Full - Blended**

**Ages: 15+**

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Includes oxygen.

### **ARC Lifeguard Review**

**Ages: 15+**

Renew your American Red Cross Lifeguarding certification for another two years. Participants must attend all class sessions, and present verification of current American Red Cross Lifeguarding certification.