



DAYTON YMCA

# LAP POOL SCHEDULE

Updated: 9/17/2022

May 12th-18th

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-1:00pm <b>Lap Swim(3)</b> Water Walking(1)	5:30am-1:00pm <b>Lap Swim(3)</b> Water Walking(1)	5:30am-6:30am <b>Lap Swim(4)</b>  6:30am-7:00am TriClass(2)Laps(2) 7:00am-1:00pm <b>Lap Swim(3)</b> Water Walking(1)	5:30am-7:15am <b>Lap Swim(3)</b> Water Walking(1)  7:15am-7:45am <b>Lessons(2)Lap(2)</b> 7:45am-1:00pm <b>Lap Swim(3)</b> Water Walking(1)	5:30am-1:00pm <b>Lap Swim(3)</b> Water Walking(1)	CLOSED  7:30am-9:00am <b>Lap Swim(3)</b> Water Walking(1)  9:00am-9:45am <b>Water X(2)</b> Lap Swim(2) 9:45am-12:00pm <b>Lap Swim(3)</b> Water Walking(1)  12:00pm-2:45pm <b>Lap Swim(3)</b> Open Swim(1)	CLOSED ON SUNDAYS
1:00pm-5:30pm <b>Lap Swim(3)</b> Open Swim(1)	1:00pm-4:00pm <b>Lap Swim(3)</b> Open Swim(1)	1:00pm-6:00pm <b>Lap Swim(3)</b> Open Swim(1)	1:00pm-4:00pm <b>Lap Swim(3)</b> Open Swim(1)	1:00pm-6:45pm <b>Lap Swim(3)</b> Open Swim(1)		
	4:00pm-5:30pm <b>Lap Swim(2)</b> Open Swim(2)		4:00pm-5:30pm <b>Lap Swim(2)</b> Open Swim(2)			
5:30pm-6:15pm <b>Water X(2)</b> Lap Swim(2) 6:15pm-6:45pm Swim Lesson(2)Lap(2)	5:30pm-6:00pm <b>Lap Swim(4)</b> 6:00pm-6:45pm <b>Swim Lessons(2)</b> Lap Swim(2)	6:00pm-6:45pm <b>Swim Lessons(2)</b> Lap Swim(2)	5:30pm-6:45pm <b>Open Swim(1)</b> Lap Swim(3)			
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED YMCA CLOSED	CLOSED	

\*Hot Tub is closed for cleaning every other Thursday 6am-11am

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.