



DAYTON YMCA

LAP POOL SCHEDULE

August 18th-24th

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1) HOT TUB CLOSED FOR CLEANING 5:30am-11:00am	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	CLOSED	CLOSED ON SUNDAYS
					7:30am-9:00am Lap Swim(3) Open Swim(1)	
					9:00am-9:45am Water X(2) Lap Swim(2)	
					9:45am-1:00pm Lap Swim(3) Water Walking(1)	
1:00pm-5:30pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-2:45pm Lap Swim(3) Open Swim(1)	CLOSED ON SUNDAYS
5:30pm-6:15pm Water X(2) Lap Swim(2)						
6:15pm-7:45pm Lap Swim(4)						
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	CLOSED	

*Hot Tub is closed for cleaning every other Tuesday 6am-11am

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.



DAYTON YMCA LAP POOL SCHEDULE

August 25th-31st

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	CLOSED	CLOSED ON SUNDAYS
					7:30am-9:00am Lap Swim(3) Open Swim(1)	
					9:00am-9:45am Water X(2) Lap Swim(2)	
					9:45am-1:00pm Lap Swim(3) Water Walking(1)	
1:00pm-5:30pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-7:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-2:45pm Lap Swim(3) Open Swim(1)	
5:30pm-6:15pm Water X(2) Lap Swim(2)						
6:15pm-7:15pm Staff Training(2) Lap Swim(2)						
7:15pm-7:45pm Lap Swim(4)						
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	CLOSED	

*Hot Tub is closed for cleaning every other Tuesday 6am-11am

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.