



Forest Lake YMCA Lifeguard and Safety Training Classes

Spring/Summer 2020 3/1/2020 - 8/31/2020

Phone: (651) 259-2133

ymcamn.org/forestlake www.facebook.com/ymcaforestlake

BUILDING HOURS

Mon-Fri: M-Th 5:00am-10:00pm, F 5:00am-9:00pm
Saturda 6:00am-8:00pm
Sunday: 6:00am-8:00pm

KIDS STUFF HOURS

Mon-Fri: M-Th 8am-1:30pm & 3:30-8:30pm, F 8am-1:30pm & 3:30pm-7pm
Saturday: 8am-2pm
Sunday: 9am-1pm & 4pm-7pm

ARC Lifeguard Full - Blended

38_LE_2456_50_041020_YSR

Cost: \$200

Registration available through 4/2

Instructor: Julia Carson

Friday 4/10

Saturday 4/11

Saturday 4/18

5:00 PM-9:00 PM

9:00 AM-5:00 PM

9:00 AM-5:00 PM

Class Descriptions

ARC Lifeguard Full - Blended

Ages: 15+

Become certified in ARC Lifeguarding. Attendance at all class sessions is mandatory. Participants must be 15 years or older by the last day of class, and will receive certificates for Lifeguarding/First Aid/CPR/AED upon completion. Blended format.